



What to Bring List

- 1.) 10 pants (including shorts, work, dress, church).
- 2.) 1Pair boots, 1 sneakers, 1 shoes, 1 shower shoes, night slippers, and 10 pairs of socks.
- 3.) 10 shirts plus t-shirts (no sleeveless).
- 4.) 10 pair underwear, 1 pair P.J'S.
- 5.) Alarm clock/no radio, Open laundry basket.
- 6.) **No OTC's** and the prescriptions **UNOPENED STILL SEALED** and in your name. (30 day supply minimum) **Glucometer if applicable**
We do not allow any medications on the Prohibited Substance List or OTC's. The medications currently on or added to the Prohibited Substance List will be returned with family or whoever is transporting the client if possible. Otherwise, we will store the prohibited medication(s) for 14 days then it will be disposed of properly. The medication(s) will be available for pick up during normal business hours. If necessary, a substitute medication will be determined by our nurse practitioner.
- 7.) Medical or insurance card (if applicable), any medical/social files (if available), Birth Certificate, Driver's license or state issued ID card, Social security card, W-2s, last 4 pay stubs, last year's tax return and current bank statement.
- 8.) **All phone (cell, home, work, fax) and e-mail contact info written out on 3x5 index card of contacts (i.e. mom, dad, children, wife, lawyers, probation & parole).**
- 9.) Bible, journal, 12 Step Books, Devotionals.
- 10.) Up to \$250 allowed to be placed on client spending account.
- 11.) **No** cell phones, pocket knives or weapons, opened tobacco products,* bleach products, bedding, food or drinks, personal hygiene products, CD'S or CD players, iPods, earphones, electronic games, computers, wallets, cameras, expensive watches, necklaces, rings (except wedding rings), laundry detergent, laundry sheets, air freshener, candles, incense, hats, hand sanitizer, playing cards , debit or credit cards, sleeveless shirts or tank tops, bandannas or gang related items, books or magazines, newspapers, hair clippers, coat hangers, keys, tools, locks, personal linens, pillows, towels, personal vehicle of any kind. Musical approved instruments only with prior approval.

*Sealed tobacco products are permitted (i.e., tobacco pouches, cigarettes, and non-refillable disposable vapes/ electronic cigarettes that have not been opened).