



FOR IMMEDIATE RELEASE

June 10, 2025

Healing Families Together Awarded Nearly \$100K to Expand Youth Prevention Services Across Six Kentucky Counties

Danville, KY – Healing Families Together Inc. has received a \$99,617 grant from the *Foundation for a Healthy Kentucky* through the Kentucky Services & Infrastructure eXpansion (KY SIX) initiative. The funding will expand community-based prevention and support services for children and youth at risk for or meeting criteria for Serious Emotional Disability (SED), particularly those engaged with the juvenile justice and child welfare systems.

The award will allow Healing Families Together (HFT) to broaden its Youth Enrichment Scholarship (YES) program, which empowers at-risk youth ages 11–17 through access to safe, enriching environments that combine mentorship, trauma-informed care, and skill-building activities. YES is centered around the Trait-Based Model of Prevention, an innovative, strength-focused curriculum developed by Dr. Jason Roop, founder of the Center for Trait-Based Transformation.

The expansion will serve 200 children and youth across Boyle, Lincoln, Mercer, Garrard, Pulaski, and Madison counties through partnerships with local schools and community-based youth programs. Collaborating organizations include Nurture Nest Counseling, All Together Recovery, ROC Martial Arts, West T Hill Community Theatre, Curtsinger's Sunrise Outfitters, and other local schools and youth-serving agencies.

“At Healing Families Together, we believe that breaking the generational cycle of addiction begins with prevention,” said Susan Caldwell, Executive Director of Healing Families Together. “This investment allows us to reach more young people with transformative experiences and practical tools that help them build resilience and thrive.”

The expanded Healing Families Together Prevention Initiative will integrate the Trait-Based Model into both community and school settings, prioritizing engagement in youth-centered programs where prevention skills are reinforced through hands-on learning and recreational outlets. Activities such as theater, archery, and martial arts will help youth develop healthy coping mechanisms, strengthen peer connections, and gain confidence. In addition, Nurture Nest Counseling will offer trauma- and grief-informed therapy by request or referral, complementing the program’s structured mentorship component that fosters accountability and encouragement through peer support.

Dr. Jason Roop, who developed the Trait-Based approach after overcoming 17 years of addiction, said, “This model is about equipping young people with the strengths they already possess—helping them recognize their value, form healthy relationships, and navigate life’s challenges with confidence.”

Funded through KY SIX, the initiative supports expansion of service infrastructure for youth from birth to 21 years of age who are at risk for or diagnosed with SED. The goal is to intervene early, reduce system involvement, and support long-term wellness in Kentucky's most vulnerable populations.

For more information about the Youth Enrichment Scholarship program or Healing Families Together's prevention initiatives, visit <https://alltogetherrecovery.com/healing-families-together/>.

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About Healing Families Together

Formed in 2024 in collaboration with All Together Recovery treatment center, Healing Families Together Inc.'s nonprofit mission is to create resources and connections that bring people together to heal broken families, prevent the generational cycle of addiction, and empower people in recovery to live to their fullest potential.